



Emerging Together

Thursday, January 13, 2022

1:15–3:00PM

Zoom

RSVP to associationofpastoralministers@gmail.com for the Zoom link

Intentional Soul Care: Loving Ourselves As We Love Our Neighbors

Dr. Cynthia Bailey Manns

Our identity is grounded in being God's beloved. As we gather to share our sacred stories of challenge, lament, joy and hope, we will engage in spiritual practices which connect us to God's presence in the midst of our everyday life experiences. Please do not hesitate to contact me if you have any questions.

Dr. Cynthia Bailey Manns is an experienced spiritual director and supervisor with a background in social work, human development, spirituality, and spiritual development.

She is the director of adult learning at St. Joan of Arc Catholic Church in Minneapolis, Minnesota and faculty, coordinator of the spiritual direction certificate program and co-director of the Lilly Grant, Thriving Congregations in the Theology department at St. Catherine University in St. Paul, Minnesota.

Cynthia is a contributor to the anthology *Embodied Spirits: Stories of Spiritual Directors of Color* and is the United States Catholic representative and contributing writer to the World Council of Churches Week of Prayer for Christian Unity, 2023.